



FREEING THE SHACKLES

Conducted by: Mrs. Lana Prancer with The Lords, 17th June 2011

Just a moment, please.

Here. Just a moment to pour myself with the body and so I will actually begin. Just a moment, please.

Here.

We will slowly begin. Some offerings that we have brought, won't be given to one person, for whom they were brought over. Just a moment so it is removed, because, unfortunately, this person isn't here with us and so go ahead, remove it.

Pharasanta...

Here.

In a few moments I will somehow open my eyes, please do not get disturbed by it. That is how it is easier for me to connect with a body that shivers slightly nervously, here, in front of us all. Maybe there's quite a lot of us really but this as well, will somehow come to an understanding and comprehension, slowly, this communication, once it's latched too quickly on to Her, but this will run pretty smoothly as well.

I am actually - how to answer or respond - somehow, I am named as Mohamed Mohamedanski or Mohamedzanski. Today I have a function of an introductory speech or work but some will recognise me and name me as Alah, Arah, Varhanta or the God of Creation, what we are here today or I am, as well.

These are some kinds of titles, but it doesn't mean much to me. To me, you mean much more, all of you who are here among us, gathered here today and I am honoured that you have responded and in this time, much bigger offerings are actually descending into your aura wrap. I am actually admitting that you may shine like gold but also a gold colour through skin, slowly gives in or it comes to the surface here and then.

But we can bring gold offerings only in such a way that when there is just a slightly bigger group and because of a bigger group or people, also bigger crowd of your Creators come.

Warm and kind greetings.

Inaharanta...

Beautiful and humble thanks to Varvaryuns, Brahmaryuns, Sovereign Lords Yahvet Almighty who is today the youngest among us and in the lowland, Jesus Christ Crucified who will also, later on, lead the continuation of today's gathering.



At yours, it is actually still very hot and stuffy, in the afternoon time measurement, but here, where we are, it is already in the middle of the night. So maybe it is more pleasant here at our place, because you would sleep more easily and more comfortable here.

At this moment, offerings somehow came to an end. I wish and hope and actually beg all the souls and ghosts, of the gathered ones, to truly suck and collect a majority of offerings of the Highest, some sort of, how can I translate - the Highest energies of Creation, that are actually of a healing tincture for those people, who will also share different thoughts among good people and people who want to change.

Today, all the offerings are dedicated to you, who will in the continuation of this gathering understand what kind of offerings you have received and what these offerings actually bring to you and definitely do not carry away from you.

They are not Earthly. We actually brought them from another dimension, galaxy. 222nd Shelestynske, ancient, poetic, some sort of ancient community, that was or this Energies of creation and collective compound of creation, they did, a year before, brought it into our galaxy to the Highest of the Highest Lights of Creator among us or above us, embodied it into our matter here today and from our matter we snuggled it or simply released them among you.

Therefore, you are a first Earthling on Earth with something that Jesus Christ Crucified collaborated with as well and because of that he was as well, at the end, put to death. These offerings helped him, to somehow transmit certain prana connections, certain three-dimensional visible field, which means that these offerings will definitely help you in everyday life.

When you need to respond, you will know exactly what to do at the right time. These are the offerings that will help you at hearing other beings, at sensing your sensations. And the most essential is that you are going to upgrade yourself and support yourself.

That is why many among you, you might see double or triple. At moments you will have a more open focus of a visual range and you will know exactly when to simply withdraw from a certain situation and avoid certain problems.

I wish you a warm gathering in this daily - for us almost daily stroll or circling around - so, a little bit of joking, a little bit for real, we are with you only when there is a gathering happening.

And I truly hope that from today's gathering, which will be led by Jesus Christ the Crucified himself, the Earthly one and will be the one who will occasionally collaborate with Mary Magdalene, that the two of them will or they will, in collaboration with 33.892 gathered Brahmaryunski circling beings, 3.822 Fairy bearers and over 8 billion 592.302 of Earthly



souls, gathered here today, therefore also those Earthling will learn with you, who somehow transmitted among us, before us, begging in front of us for Divine Mercy and much more. That is why you will take with you a lot; a lot more than you even dare to think.

I wish you all a lovely gathering. Slowly I will change sits or move to the other throne from where I am going to observe you, as well admire you and truly, thank you for that, for responding and coming before us or among us again.

Here. Now I will try to pour myself into a body, so I can get used to it as well. Greetings. Today I am the one who will collaborate with you and the one who will speak and, later on, answer to all your interesting questions.

Who else would it be in front of you today if not the one who actually was poked by Lanyuska and so That Someone is with you, That Someone who actually doesn't want to be a Jesus. But somehow it is a very, very long crown of detachment and that is actually, to me, a heavy shackle because of which I may be the one who will teach you, encourage you and change you and bring certain changes in your everyday life.

Warm greetings.

Today we will speak about shackles. I will speak about my own shackles and compare them with your shackles. This is not only destiny. These are beings that are latched to you and beings who are never unreleased.

When you are born, you remember, you might even speak in different languages. My favourite one is Larbardunski language - it is a language of souls and not of ghosts.

When souls are somehow coming together or somehow assembling to go home, they speak that language. That is why some of you may occasionally know or understand what someone is speaking. That is your memory.

Shackles are gained through years when the darkness comes and merges with the little head of a child. Shackles are actually beings, a part of your destiny, a part of your worries, of your everyday.

But be careful. Be careful, be careful, be careful!

I will try to show you, as best as possible, on my own example, so you will understand what is happening with you overnight, during the day, during the week. So, you will comprehend what is happening to you who are trapped or when you are trapped, when you suffer, when you go crazy, when you comprehend or understand that you might be powerless over him, over something that can be described as your destiny.

It's not just your destiny, these are beings who are somehow latched to your wrists.

Many beings, in many silhouettes of painting have shackles. Certainly, certainly many people have seen, in different sculptures, different paintings, frescos as you name them at your place and definitely not at ours, where people have different vaults around necks, around ankles, wrists.

These are shackles or some sort of rings, that are, in your world, symbolically painted as something where a chain belongs - but this is just a symbol.

Sculptures, paintings are telling you a part of your memories and your life. As you are a sculpture of creation of Earth, terrestrial beings, terrestrial access, you have this body, as you know it, but you simply don't know it.

That is, the sculptures that you create, that are conjured up to you, in the world of justice and they carry the shackles.

When a child is born, without nothing there is nothing. No shackles, no suffering. When they give you first shackle around your wrist, that is a first shackle, you can never ever really get rid of it.

I hope I will translate well. Namely, I am translating, today from 3.892 different linguistic languages, all by myself, so I hope I won't stumble anywhere. If I will stumble upon an expression, I will seek help at Magdalena or at Lanyuska, so we will do well.

I hope you understand.

When a vertex grows together, it grows together because of a specific settled process, to lose the access to all data. Until you have, as a new born, as a child, soft vertex or a little head, you have an access to all data — wherever you want to go or even want to leave, you can freely leave.

When a vertex grows together, when a child, for the first time, screams "A" or cries or he tries to speak pure "A" he gets his first shackle onto his palm.

Shackles are this wide, as you would say in your world, 10 centimetres, maybe a centimetre less. It reaches new born right to the top. When a child grows, that is, under the armpits, when a child grows, this arm or a little arm, somehow expands, lengthens the shackle, to get thicker.

The thicker the shackle gets, as I am naming it, the greater the weight of your life and a burden of your future is.

These shackles are actually small leaves that are swirling around and because they swirl with such a speed, with such a warm speed, they seemingly have a stable and compact bond with Earth.

But the shackles aren't anything else but some kind of a seed or space, like an anchor, where someone else, from somewhere else anchors.



Ghosts aren't just empty ghosts. The ghosts line up with each other — a little leaf to a little leaf, memory over a memory, it reaches the compactness that speaks up at the very end. This is your instinct.

Your instinct becomes a captive of your shackles. He becomes trapped on the left side. But this doesn't mean that this kind of an instinct collaborates and is grown in with you through your own sole.

More, a person energetically opens up or surrenders, more you trust as a small silhouette, more the instinct stays with you.

That means, that the more a child suffers while growing up, the more he is running away from reality, more he is leaning on an instinct and he begins to collaborate with a being who is with him and speaks with him through night as well. This is the only Being of Light, that works for him in the most righteous way.

This is a being who doesn't relax, doesn't speak and never truly sleeps. That is the first being of the first shackle. But this is just one leaf that you gain in that very moment, sealed to the end of your eternal earthly days, until the body lignifies.

In the same moment, above him, when the shackles are rooted, when a child closes the vertex and loses the connection to the crowns, opened ingredients, he gets, instead of this instinct, an anciently ancient memory.

An instinct is a being who speaks to you, who sleeps with you, who watches over you, who is freely slipping out of your aura, but never further than 55 metres, your earthly meters, from your body.

That is why pay attention so you won't mix the Being of Light, when they come to you, when they speak to you. Occasionally this is an instinct too, who speaks to you.

To this shackle only one more can get attached, someone who collaborates with him. This is actually someone who is in the top of the head, overgrown above the vertex or we somehow speak of a peak of a crone chakra, so it will be more familiar to you. There is the highest being, who sleeps and is, with his sleeping weight, closing the channel to the afterlife.

That someone, who is at the very top, is working with the instinct. Because he sleeps, he reflects his field of vision with some frequency. **An instinct sees in a future moment, just before it happens and with his own reflection, he suggests — what to do and what not to do at all.**



In fact, **on the left hand you have**, inside, as if you were to push a large mace in the middle of your palm a big mace, about 25 or 30, into your palm and inside, as if you were to push a long axis between your bones. Here you have the first shackle of evil.

This evil shackle comes from darkness, which means that to someone, who is Light or Enlightenment, who speaks to you, who suffers with you, who suffers for you — it prevents him from escaping or leaving. Through this shackle comes on the other side of your body someone who comes to you several times a day.

Be aware of one thing - **a matter is just a base for shackles**. Once you will comprehend how many shackles are there or captured or stuck, marked spots on the body, you will know exactly who speaks to you.

That is to say.

Through a hand shackle that is round, in a year time, a special needle is pierced or some kind of a pin is nailed through your palm to which darkness and not Light is attached.

More your instinct is getting evolved, more you grow in some kind of harmony or balance. More you grow spiritually, more you are opening to the Light, where the instinct is that being which is at the very top and emits a signal of enlightenment, captivity, madness — whatever is happening in your body at a certain moment.

When this dagger is stabbed, it means that someone, time to time, comes to you in the opposite wave, which makes you depressed. These are beings that are coming to you at the full moon and by no means at the new moon.

These are beings that actually suffer more than you dare to think, but they try to outwit or deceive your instinct.

Beings that come to you at night, at full moons, when everything is completely asleep, it means, that they actually are waking up — not you who are asleep, but your instinct which you are actually fused with.

The more an instinctive Being or an instinct suffers because this someone who is coming, actually torturing and suffering together, more your body goes crazy.

That is why you have occasional moments or feelings that you are trapped, that you're going to go crazy, that you might go mad — this is a process that is happening outside of your understanding, but it binds as a ton of heavy rock to your body, which can't, actually, even breathe.



That is when you feel the pain and entrapment in your head, right here in the area of a forehead — as you cut the forehead in two or in half, as you would try to open an upper part of a skull. It is in this part that you feel unbearable pressure.

But this darkness, that comes to you, isn't anything else but devil of someone who is trying to convince and trick your instinct, that you, who live in a flash as a Fundamental Being, isn't worthy of Light or perhaps even the openness of a crowning transition.

But through crowning transition, Beings of Light are coming to you in the time of Light, in the daytime and they outlive certain moments, helping you towards enlightenment of certain knowledge.

Actually, through the day, you perhaps notice moments, little moments when a small matter that was hard to solve all year long, suddenly crystallises and you get an exact - or a complete memory or you actually know the exact solution to something which you couldn't solve before.

And when you solve some matter and resolve it, it means that you will more easily continue to build yourself. Darkness that is coming from Earth and is out of an earthly reach, these are beings that do not want to go into the Light of Enlightenment and are in a contradictory movement of something which is positive or bad.

But there's nothing wrong with it. Even if the beings are bad. This is actually bringing you growth and wisdom.

More you resist the darkness as you know it or name it, more you torture yourself and strive to be on the path of enlightenment, more a pure energy and a pure thought is coming to you.

This is actually something that is coded in some kind of a special spiral. But today I'm not going to explain about crone chakra, how the crone chakra is compounded but I wanted to conjure up the base of something that is related with shackles.

When a boy turns five years and a half, he gets, on his right palm, this bracelet, on the inside, as some kind of a badly hard bolt. But on the outside of the right palm. Which is actually through hands, or how do you name it? A wrist.

And the boy gets it on that side.

A woman — when she is eight years old or a girl, she gets it around and around, again, a bolt. Which means that a girl doesn't get just trapped by Earth and this I will now describe in details, so you will understand what is happening to you as well.

A matter can never let you go.



That is what demons did. But demons tried to save themselves but they actually stuck themselves. An illusion that caught the whole world, even the afterlife and many other things.

On this side even clones are connecting, that were cloned, perhaps other generations as well, previous generations and many, many other things.

A woman gets a whole shackle only so she cannot escape when a girl is born again. Which means — when a woman is born to another woman again or she degenerates, in the time of vaginal transition, when a child is coming out of the inner matter, she gets a base or a bright, white, pale shackle that is actually only a light which occasionally shines, even glitters on the physical skin.

When the girl turns eight, eight years and a half, she gets a compact shackle of captivity to the very base of the Earth.

Until the age of 92 each and every woman is stuck to matter. Even if the body is cremated, she wears a shackle. Until another woman is born and accepts her shackle. This helps in further reproduction of a female kinship. This helps in further destiny of karma and karmic path. Again, you are female captives and givers or benefactress, so you reincarnate yourself perhaps further on, or divide yourself further.

Which means that until before this year, you wore the shackles for eternity from the first moment on when you descended to Earth as a female spiritual alloy, you carried these shackles with you.

A year before this year they have somehow eased off for the first time and opened the bolt — which means that women are, in this year, the first rebirthers at some changes that are going to happen and will happen in a galaxy and in dimension.

Because women are the ones who will finish the cycle of some lives or resurrections, you are actually the ones who will move many things in the future upwards and undo or redeem this world.

Men cannot redeem it, because they have, unfortunately, made the shackles and with that lost a woman and fertility as well and fertility for the future, because they have pinned down the part of ghosts and part of beings who are taking care of infertility on Earth and unfortunately, they lost fertile women or fertility on the other side or on other planets.

It's so nicely complicated.

The more they tried to stop the fertility and fruitfulness, the more some kind of important people or inventors got stuck and tried to stop births that were increasing, that is when they got stuck and lost the beings — both the instinct as well as emotional connection, as many others, precisely because of such shackles that were given to women.



And that is why **women have the sixth instinct** that men barely have.

That is why women have such a strong expression of sight, comprehension and mind – what to do, when to do it, when to disarm something and to whom to do something sad or bad in the end.

Emotions are attached to the right shackles. That means that on the outside of this shackles over 3.800 different beings of sentience are attached. Partly you have them inside your body, partly outside your auric wrap, and some are, occasionally, travelling through some transparent light and again they return.

Channels that you occasionally see, are actually misunderstood. Because you are actually a Fundamental Being and you are somehow this big in this part, if you are even this big with all the wraps and vibrations (he shows around 10 cm) a thread or your base is this little, as little as hair, when you pluck out a root — that is your Fundamental Being.

You are as big as a little egg, just as big as your plucked hair at the end, where your root is. That big your egg is in the Fundamental Being. Many of you already know the Fundamental Being because we spoke about it a lot.

But try to follow.

Because a human or a Fundamental Being is very little — big as a small soul, it is as big as your nail is. And when this is in the middle of your body, that is extremely big or enormously big, a big misunderstanding is made, when you turn around and you see a tunnel or transition.

This is nothing else but a hair or a shackle or a thread of this light of someone who is coming to you or is leaving you. You often misunderstand it. You see a light - you see a hair. You see as some kind of a tunnel that is maybe closing and you don't understand anything which is happening to you.

This is someone who is coming back and forth.

But these aren't beings of Earth. Emotions don't build beings of Earth. These are angels of Earth or Creation. In this part, only along the outer part of the wrist women have attached women. These are Angelines that are coming and staying. But unfortunately, they do not liberate in any way. There are too few of them to be able to change the inwardness because your body is actually a universe in small.

You have all the parts which are outside of you, embodied in much bigger parts, compounded and perfective, you have a small particles as very small silhouettes stored in a body and body is moving through them. But the body is a folder or alloy of many energies and this folder is actually moving around different masses and that is how different beings of different shapes move around.



Occasionally, you, people, are seeing angels. Perhaps you see a light or Brightness. You perhaps see something black or dark, but these are beings that are, unfortunately, trapped to you. Many beings are trapped to you, which came to help those who were later, when their vertex was closed, trapped or they became captives.

Nowadays you know nothing, or almost nothing of how to become a captive of the flesh of the flesh of this world.

I will tell you my story and you will understand your story.

When the time comes, when someone on Earth is glimmering, when someone is so good, that it comes crystal clear to you and understandable to you, when you come from somewhere else and you see a billion trillion many things of everything below you.

Because you come from somewhere else, you see there is a certain lid on him. Something that is covering the Earth. When you watch from other planets or you come from other creative planets, you are coming directly towards the star Earth, above him a lid is in the making or something that is covering the Earth. The mass is bigger and bigger. Mass is bigger with each moment and you definitely become curious what is happening down there on planet Earth.

This can be only one kind of a story. But you will comprehend why some of you have something inside of you which might be wrong or it might become right.

Closer you will get to this mass, more the curiosity of what is hidden under this mass is tormenting you. When I came towards Earth after many millenniums and closer, I came to this Earth, more the memory of sediment was coming back at me and of ancient memories of when I used to live on Earth and was part of Earth.

More I was driven by curiosity about what all this mass around the Earth was actually doing. A mass is spreading more and more and you have to go into this mass.

This mass are beings. Be careful! This is happening to you as well!

But less obvious. Here something kneaded is around the Earth but I needed few weeks to get through this mass of very thick energies or beings that have actually vacuumed on to each other, for me to get under them.

Beneath that, the sky of heavenly earthly creation opened to me. For the first time after millenniums, I noticed a pink, lilac pigment Earthly sky. At your place you see the blueness of the Earth. From our eyes it glimmers and glows, the sky beneath the Earth.



More I was getting closer to Earth, as to Earth alone, scarcer the thickness got. But this lilac colour, for a few thousand kilometres, reached in hight and was bouncing off the mass from itself for which I needed more weeks of yours to chew through for it not to damage.

This are actually beings that are pouring and pushing on one another which means that you have to, very carefully go through them so you don't hurt them, so they stay whole and that you actually don't need them to heal.

When I came into Earth alone, a miracle of the sky opened to me.

Pay attention!

Pay attention!

For the first time in my existence or awareness - I was in many places, I saw many things. A few million years I was circling around and I truly saw a lot, I saw an ancient memory that had a lilac glow. But lilac glow means that someone, even among you as well, has a lilac memory.

Lilac memory is attached to uterus of a memory that is being connected through prana breath in a throat chakra and is at the end, at the very end, right under the vertex, stuck and anchored in a crystal. This is the Light that vibrates and reflects.

The same light is happening to you as we have spoken about it at the very beginning - when an instinct speaks to someone from the peak of the crone chakra then the light is reflecting.

With women it actually reflects a lilac light, from inside out. But - pay attention — when? When you are honest with your prayers and at the same time you are completely honest and focused in clear thoughts of completely everything. Only under this condition and only then you vibrate lilac, which means that women, at that time, radiate lilac colour.

More I was coming closer to the thickness or light of white pigment in inwardness, I saw, for the first time of my existence, **a waterfall of white light which rustles and speaks as well.**

That means that around kidneys, literally from a woman, from her uterus, a tube of safety descends. That is how a Fundamental Being is protected.

Women, you know how to push your Fundamental Being down into uterus and how to actually close it and vacuum it. Which means this is something which you will, remember that, in some kind of percolation in the future, need enormously. Remember this information and keep it in mind!

But unfortunately, women only.

When at the end, I descended all the way down to the matter I saw a dead body. Which means this is going to happen to you, when the body of this world will slowly slip through your palms or from this world.



Be curious and follow my instructions!

When the Fundamental Being hides in a uterus, the other half speaks in your ear, which means, that suggestions you are used to in your everyday life come exactly from the Fundamental Being and from nowhere else.

Fundamental Being - this is you and only you, you descend into uterus and the other particle, that is connected by pranic thread is as little as the little whole in your ear.

That is how you do at suggesting without knowing it, which means **you need to be careful what kind of suggestions you are giving to yourself, because you radiate the vibration of the colour.**

More you are focused on materialistic world, darker your aura gets, darker the colour of your suggestion is.

This goes for men as well.

More you go into spirituality, in higher vibrations, in pure thoughts, more your aura rustles, speaks and changes in light.

According to that your shackles coil as well.

More colours of light or Beings of Light you have, brighter your shackles are. More you are trapped through uterus or you are focused on materialism, heavier your shackles are. That's why some of you have this feeling that you have for a ton heavy hands or palms and you could almost drag them across the floor or walk over your palms.

These are first signs of your honesty and how your shackle speaks to you, what thoughts you have, what is your focus and where do your penetrating thoughts flow.

Pay attention.

When you pray, when you ask you radiate a vibration, light. And more you ask and collaborate with Light, half of your body actually speaks and speak to you.

Which means that in one moment of honesty, of honest thoughts, honest speech, all your shackles crack. But **only if, for 33 days in a row, you speak to yourself suggestions of pure thoughts that connect with your heart foundation or with a wish of your heart, only under this condition your shackles crack.**

But your shackles crack only the 33th day. But on 93th day you can actually, with mind and reason, with consciousness, you can open them and take your palms from them.

When you speak to people, always have pure thoughts.

Never and ever do not focus your thoughts in any other direction when you speak to people. Especially if you will focus on their shackles.



But first you need to free your shackles.

Your shackles, as said, crack on the 33th day. If you still have pure thoughts after the 33th day, pure focus, **you save yourself without a bit of help. If you have pure thoughts for 33 days!**

Then you can actually, with your hand go towards the skin and you will feel the shackle and you will open it — right with the visual or solid, compact fingers and you will actually feel, for the first time in your life that you are as a soul, as a ghost caught in the matter.

Once you do that, you free all those beings that are attached to these shackles exactly, which you open with your pure thoughts.

On to your body all the other beings are leaned — especially beings that cannot come to you because of the changing pole.

Women are laid on the male's pole or vice versa.

Men are laid on a woman's pole because it is fundamentally harder for them because they have to hold themselves back and never and ever give themselves to love so he falls in love from the other side of the world or in this world. This is how burdened this is.

But this as well was planned.

Which means **when the first shackle crack, first you save your right side.**

Pay attention! **Right side.**

In the same moment you will sense the flame or dust or sediment. Right next to your matter sediment will start coiling. Dusted particles, that are very small or petite, which you barely see with a naked eye but occasionally, under the certain angle, if you will direct and focus yourself to these small leaves, you will see these are small square shaped little leaves.

They shine and reflect and they have sharp edges.

When you see these small leaves and you sense them as they are dust, as dusted particles, they actually slide all the way through the matter, through the body of the matter, through the neck. **They are coming into inner respiratory system.** Some of you who are still trying to pin themselves to body so you would help and you do not want to leave because there are still many other particles on the other side of the body, so the real parade of different kind of dances happens around you.

Some of you start coughing. You have a feeling as something is forcing itself into the throat. Absolutely, absolutely you have experienced that at some point, when all of a sudden you start coughing and you feel sharp edges of some kind of dusted little particle that got stuck in your throat.



These are the sediments or dusted parts of the body, that some used to have, when they did this parade dance to leave the heaven.

Dusted particles, that is how we name them, is an energetic moving part of many bodies that are composing their matter. But so, you will separate how and what to separate from each other - these bodies, then **pay attention on which part of the throat starts to crawl, scratch or hurt.**

When resolving on the right side — it happens occasionally, separately, with different or through different days, **alone**, when you go through the day successfully or many days in a row, **you save one or two angels or beings that are attached to your matter.**

That is when the crawling over your arm or somewhere next to the leg happens. As something would want to crawl or move.

And on the other side of the body, on the opposite pole of the body, from scratch dusted particle starts coming which means that those who are performing an ancient dance of spirits or ghosts who revolves himself on his axis, he pushes dusted particles through aura and from your matter the dust comes.

Dust that you actually cough out and it lasts only few moments but it actually hurts you or tingles you.

Some people, melt this dust or these dusted particles from their hands, which means that the dust of their own bodies or strangers' bodies that were caught on the body or were anyhow attached to the shackles, are giving offerings straight from palms.

I advise against it!

Do not offer to others something that isn't part of your body but it belongs into other spectre of higher vibrations.

Dust that can be made or created in a hand, is collecting ancient bodies.

But in the opposite part when a man's pole of your body - you know this! You have a body divided to a woman's and a man's half.

Therefore, when a man's part of the body decides to take off the shackle you start going mad.

Which means that **a man is the one who puts you in some kind of a strange state of depression**, in some kind of a very quiet vibrational compound when a physical body actually starts to sink, sink, sink and eases off.

That is when it starts happening — by you or by your consciousness — a gradual detaching of several beings, several bodies.

Again, you sense some weight of a burden and dusted particles are leaving on the other side of the throat and again you cough and again something is getting stuck.

But man has smooth particles.



Pay attention when it is stepping out or when you are saving or detaching beings which are attached to your matter. **Women, you have sharp edges, sharp little leaves that actually hurt you and scratch the throat of yours. But men they have round ones, refined edges - and these are men's bodies.**

That is how you will separate the cough from coughing out. You're going to know exactly who is saving who or who did you just save.

However, this is a lifelong phase.

But I would like to direct you to a stage of how to accelerate faster the actual rescue of beings attached to your shackles.

Which means you don't have to think about shackles for 33 days but try to be, in the next 33 days, as a man or as a woman, actually on the positive side.

Then the shackles loosen.

Then you actually, with a suggestion of wanting to take your palms out from the shackles — you actually sense how these shackles move away and your palm through these shackles moves away.

You don't need to negate them, but feel it. Endless pain can come to an existence when something even bigger gets a hold of your palms. On a physical matter you feel and sense the pain of some kind of entrapment when all the beings that are attached to these shackles don't want to let go.

But I advise you this: **work on the visualisation process.**

Every night whenever you want to rescue something or someone out of yourself, good or bad — don't separate from one another — everything is trapped, both good and bad. Everything is trapped and attached to your palms or your hands.

Just have compassion for the process which will definitely, definitely begin taking place this year or the latest in the following year when the people of the Earth will actually, actually sense that something in the throat is pressing them. In the throat, however, it will be pressing those people who will have very strong shackles, which will not be released or loosened at all.

People like you need to enlighten people. You have to help people. Speak to them and talk about certain visualisations and encouraging things in the right directions.

Speak only with pure thoughts. And when you are honest and of pure thoughts, their shackles are cracking and all the rest they do on their own— without a full awareness.

Throughout this year, shackles begin to open to all people of all creations. Some will go mad, some will fulminate, some will scream from pain without even knowing where it comes from and why they actually arise.

Many among you will actually come to some realisations, to some sort of a breakthrough, to some sort of a vision and comprehension. You will comprehend an ancient knowledge of an ancient memory – how and why you are moving or why do wrapper actually move.

But I don't want to go too deep into some kind of ancient memory.

If you want to help people and you want to, consciously, intentionally, help through the energy of your palms, to melt shackles of people, you have to do exactly as following.

FREEING THE SHACKLE



First you have to get rid of some kind of a shackle of which we spoke before, which is inward, at the very beginning.

That is to say.

When you meditate or visualise or you actually start going deeper in yourself - alone! No one should be next to you! Alone, in your palms.

Literally start observing and sensing the dagger.

You will feel it as an iron, that is actually roaring, scorching or rusting in your palm.

Once you sense this dagger through calmness, try to gradually grab it for the top part. Instantly some kind of an icy energy will establish. You will literally feel crawling in this part.

Why is it important to remove the dagger?

This dagger actually prevents the dark forces of dark creation to help people who vibrate higher. Which means they will not collaborate at helping people to help one another to undo these shackles.



Once you sense, through a relaxed stage, an actual plug, as a plug, that is actually next to your palm - pinned right here inside (he shows the middle of the left palm, right above the wrist), you will slowly, slowly start dragging it out to the surface. But you do that more days in a row.

In few days it will actually loosen up and you will bring it out from your palm or your hand.

Your channel will bleed.

Try to remember of an ancient Andalus, that is a compound of a light of white energy. This energy, once you remove it, this dagger, turn the palm downwards, which flows out, that something that has to flow out.

Then, from the right palm, you will actually sense a strong white light or light – Andala, as we call it here and you direct it to the peak of the inside, it can be right under the armpit downward. And this light, direct it in the inwardness of this elbow or a moving inner part and let it be until it starts flowing through this wound, to the surface and out.

After a while you will sense a light which flows in jet as if something would spurt from your wound. A metaphor for many sculptures and even Lords, even they hold hands above something, above people or above someone else and a different colourful light is pouring from palms.

This will start happening only then, when this light will start flowing, a colour, different spheres, different energy when you will pull out this dagger.

This is a foundation that needs to be tackled quickly, in few days.

It might be too late, later on because this dagger, you won't be able to »pluck it out«.

When these light flows, you will sense, not just a white light, that you actually direct from your right palm to your elbow, on the inside, you direct it into the wound. The wound will wash out and, in some time, you will actually sense the colour - blue, red, gold, white and pink - how it flows down your body.

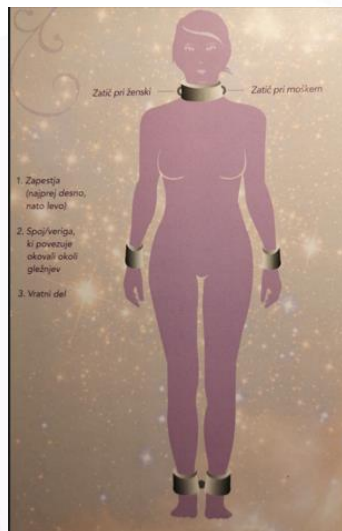
It means that more colours you will see, more layers of your captivity you will have saved. Which means my dear ones that each layer of your body is of a different colour.

More colours you will release, on which you won't have an influence, more you will know how many bodies or how many layers you rescued and healed as well.

Only when you have this colour in your left hand - you always have white in your right and colourful, different colours in your left. Then you can heal physical people as well.

This is something similar to what you know from reiki and now you know where this energy will be pouring from. However, you will not offer this to people, but you will offer this energy that you perceive to the shackles above people.

That is to say, that with a certain pure thought you will only when it will come from you. So, this wound or light flow from the inwardness and not from the whole body - pay attention to that! **The light will flow on your right side only from the palm of your hand, maybe a little higher as it would be dispersed, but on the left side it will flow away from your whole arm out of your body.**



That means that you will, with this energy, liberate people from the shackles. People don't even realise how trapped they are and how much good they can do when they release these shackles.

So, you liberate the beings and you give them a free thought - whether they want to live with you or run away from you.

Believe me, all the beings who have lived with you so far will want to be with you and will help you save your daily stature, life, in one way or another.

Once you put this energy in use, **when you sit in front of a person with the same energy, always work one on one! Never work in a crowd because the flow of energy of others will confuse you.**

1. Freeing the shackles on wrists

That is to say, a person that you want to help has to be in front of you. It means that feet need to be on solid grounds. Not crossed, nor lifted but firmly on the ground. You will hold this upper hand exactly like this - from top to bottom.

So, this is a person that sits in front of you and has a shackle – and you are already free of the shackles which means that you will firstly put a hand on a body and you won't think

what is happening with your body. **But you will speak up this exact quoted word within you:**

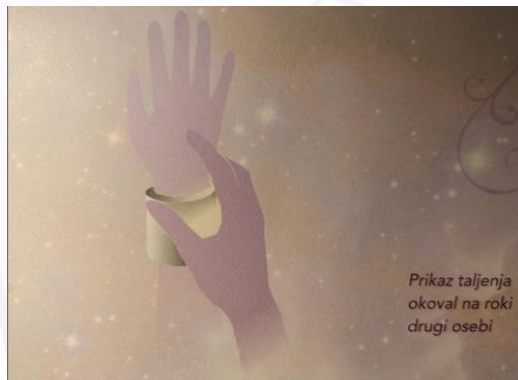
**“I AM WHAT I AM,
AND YOU ARE FAR FROM WHO YOU THINK YOU ARE.”**

Here, inside of it, a code is hidden. That is a very strong word that is used only by those who are the Highest of the Highest.

Which means that only in that moment you will activate – with this word, his supreme crone wrapper so he will be prepared to descend into lowland from the top and open the top of the crone chakra for the Light or lightness.

When this moment happens, a lot of beings swirl around you but not your beings. Yours are actually beings that are freed from the shackles, and are in an upright posture and are standing, one next to the other, with their bodies, around you.

Beings that have shackles they are partially levitating, partially lying down, partially moving and are somehow the prisoners of these horizontal layers.



Once you speak up these words, turn his hand upward. Push your index finger into his palm, so you cover his palm with your body or his shackle, like this (he shows).

So, your palm has to come through his hand, physical one and you actually hold it, then lessen your grip and only then you keep the finger on this palm but gradually remove your hand, elbow slightly away from his elbow and a hand, your hand, remove it for 3 centimetres and you will

actually feel the thickness from where to remove or move.

That is when focus on the Light and speak within yourself:

**“I AM THE LIGHT OF PURE THOUGHTS AND
I ENCOURAGE, AWAKEN
PURE THOUGHT
OF OTHER CREATORS OF CREATION.”**

That is again the key that has to be spoken, within yourself or out loud.

That is when you will sense something around his wrist is cracking - but what actually cracks is the shackle inside.



Keep the contact – when you cover his palm, you have to actually activate this energy of yours.

Only when you feel the energy of this movement, only then focus on colour.

The right palm of your hand is directed, with this centre of the palm, inward, it is directed to a wrist so try to actually see the colour. A white, strong colour – light that is like a crystal light that runs through your palms. Don't try to see it or visualise it outside your palms, but it runs on the inside – literally on the inside and out to his shackle.

When you direct **your thoughts from the other side to the left side, both palms are turned upward, so you cover on both sides equally, you move away equally, but on the left side, focus yourself and sense how the thickness of your energy starts crawling on the left palm or on the left wrist.**

Then direct it and you will sense a spurt of a colourful light. Blue colour will flow on the outside of your hand. This will be as some kind of a light effect. The blue one runs on the outside, red and orange on the inside and the brighter one on the outside of this side.

That is how you direct this colour to his other wrist and with a colour you break, notice, how the light begins to crackle or how his shackle cracks.

Occasionally, what will happen is that you will see how the shackle is falling and maybe everything around you will squeal.

Don't get scared!

Some are asleep and are actually attached and they can't run away. Once you detach them and break that shackle, beings freely fall on to other beings and the bustle happens and so does happiness, scream, sadness, joy – this is how you free the shackles.

When you sense that some kind of a shackle is cracking and falling, go with the finger downward and go inward with the middle finger, under his bracelet or shackle. A first finger that was leaned to a palm (index finger), push that bracelet under it.

Soon you will be trained enough and you will see it, how you actually take it off.

A person will soon become of a graceful face, maybe he will be cramped in his breathing for some moment, because as how you free the beings, that are attached to this shackle, this is how you free the beings of levitation and wanting as well.

But pay attention to other shackles as well.

This is the first part of shackles that can be solved once you plug out that bolt or this dagger.

2. Freeing the shackles around your ankles

The other shackles that you have are in the lower part of the ankle, which means **that until you aren't capable of activating the light in just one moment, a light that you sense and it runs through your hands and the hands are becoming somehow burdened from this energy, so you can fluctuate it and move it. Until then, do not touch the lower parts or shackles in the ankle itself.**

But when you activate this light, that you begin making it thicker, also when you sit in front of the person – practice this at home so you will learn to sense this sensation, **then catch this colour or this thickness of this energy and push it to the floor by force.**

Over time you will see this colourful energy, that is glowing and as you would grind it, when this flame of this grinded red light happens, this colour or this energy actually pushes between or against his feet - **behind the lower bolt some kind of a ball will start swirling and glowing.**

Try to start it a few times. You will see, it's a ball. This ball is spinning and is like a fiery arrow which shines and glitters.

Some of you will have a feeling as you are grinding on some kind of a paper. But gradually you will actually grind the connection through, because we have, around the ankles two bracelets or shackles which are connected to each other – similarly as your chain or a trace chain. So, the beings that are walking cannot go anywhere else and are moving your flesh of the flesh of this world.



Direct this ball of energy between his legs and leave it rotating. Remove it and push again. Play with this colourful light.

Gradually you will see that this ball of rolling energy bites through the shackles – the inside, the thing that is connected through different spirals or some kind of a DNA system. Actually, the inner connection is bitten through and gradually the inside of the shackle is burnt.

This means you won't be the one freeing these beings by yourself but you will let them go to the state of a moving mass. **You will actually help people who have connection with underground.**

Beings who have mutual chain links as I will name them – between the feet itself, they are actually caught in the underground.

These are beings who are actually coming from somewhere else, from the underground and are connected with ancient bodies of an ancient memory or ashes.



Your bodies are actually set up or placed inside the feet. And is actually in, as so-called Achilles' heel. Here you are the weakest.

If you penetrate Achilles' heel, if I may joke a little, you actually awaken the being who is sleeping and at the same time it is crawling and that which is coiling around the left shackle and is caught there again and again and is moving through this DNA system or this chain link on to the other leg.

Which means **this being must not be set free by you**, but there is a being that is connected to the underground or with those beings who are connected to the bodies.

But bodies are a completely different jigsaw. That is what you place in a coffin, in a casket for the cremation or something else – and that is where you are not allowed to intervene.

You can only do so much for good, to penetrate this connection between legs and so you give hope and possibility to them to begin collaborating with you but only to ankles because these are beings that are connected with the body or were cremated, put to death or anything else. To sum up, they are the one who have to, move past you, through aura go outside of you, then obtain different realisations, so they can reach the enlightenment and you aren't responsible for that, you as Fundamental Beings.

If you will disconnect the shackles, then you know you are allowed to push this energy and it is advisable to save only this intermediate connection of these chain links or this connection, just enough for the inside to be gnawed through.

But don't try too hard to remove these shackles from the other person – that is actually the decision of the one who will be set free through the palms.

And that is actually happening in a man himself.

3. Freeing the shackles around the throat

And last but not least, you have another shackle. A shackle that is moving around the throat. This is a bolt. That is something where almost everyone stumbles.

That is where the Souls of Speech are placed and partly Breathing Souls as well.

Even your symbolic of a certain shackle or compliance is coiling around the throat.

This shackle – touch it few days later or at the end when you go through the hands of both hands and inside the legs – and by no means on the outside of the leg! Leave that alone!

That is when you can focus on the throat or on a throat area, on this shackle. This shackle has only one special loop on one side only. Certainly, certainly you have already seen this in some symbolism.



This shackle has some kind of a little ear which isn't necessarily attached to some kind of connection of some tube or some kind of entrapment.

But this shackle is very important.

If you're a man, you have, on the other side of a constellation, body or somewhere else an opposite field. Somewhere a man has a woman who has the same connection of the same link. Or the other way around.

A woman has a slightly thinner neckless or shackle of the man and has got a bolt that can move around freely.

Karmic people, destined people who you have to, unfortunately, find each other or perhaps not, but that as it may, you have that kind of bolts.

When two – a man and a woman somehow find each other, unite, love and fall in love, they get connected through this bolt. But this is what the beings of other realisations and recognitions are doing. They get the connection from the left to the right and they unite them. This is – this is gained when they get married as well. Even in that period of that time, they unite or they connect you through these shackles.

But when you are getting married you get something through the crone chakra as well, but that is something which is completely out of these shackles.

But the shackles connect to one other, when the two, who are karmically destined or connected, come together.

Which means that in the time when you are making love and fall in love, there is a little crevice in your throat bolt and actually a white light shines above you.

That is when you are madly in love and you make too much love and you don't think soberly.

When it comes to fusion of these links, when someone connects man's and woman's bolt you are united for thousands of years.

That means that they stuck you from the first birth on and connect you for thousands of births in advance and are giving new shackles over and over again.

More times you are reincarnated or born, more people you fall in love with and don't just make love– that is a difference, which means you do not share your sexuality or satisfaction – but you somehow share this love, that is when this bolt is merged.

That is when you get, over and over again, new wraps around these bolts and with most of the people, when you make love to them or you fall in love, more of these bolts are connecting you, uniting you and you can make love with many men or many women.

That is why you have, in a certain life time, exact amount of people that you have to fall in love with and in the end madly fall in love and you quickly fall out of love as well.

Then you actually have possibilities, through these shackles, to fall in love, to appreciate and respect or at the end – if you even have a shackle turned wrongly – even hate and destroy yourself in a certain relationship.

If you want to remove or save this shackle, you have to, firstly, truly firstly, pay attention that a shackle on the hand fell off. Then you see in a next procedure that you have saved the inside, between the legs or lower chain links.

Then take this direction:



Men have the bolt on the left side of the throat, women have a bolt on the right side. But this bolt can freely move around. Which means you have to actually sense it, where and how this shackle is around the neck.

Once you sense it, put your finger through the bolt and take it to the edge – under the auditory canal. Women on the right side, men on the left side.

If it happens that you can't find this bolt, try to visit it with a hand and then you get stuck, you bump into it, the energy stops. You can actually feel it and turn it to its left side.

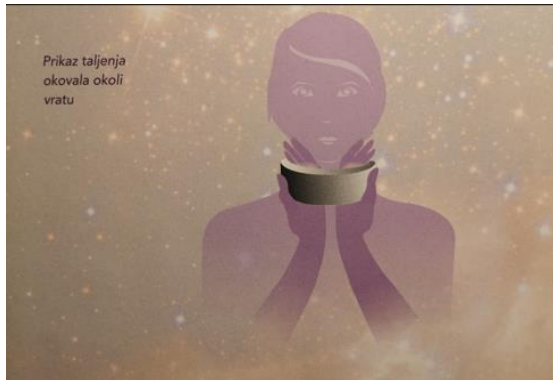
Turn your hands like this – when a person sits in front of you and once you gave a woman a bolt or a little ear on the right side, and to a man on the left side, then turn the palms upside, next to his neck. Put them upside right next to the neck.

That is to say on the opposite side. Think of the light, of the colour, men or women – depends on which side it is.

On the left side or on his right side you will negate this little ear with this colourful light that flows through your left side. When it comes to women you will negate it with this crystal white light that runs from the right side.

Try to observe it and sense it. It actually cracks. It literally blows this little ear away.

That is a foundation that has to be done.



When the little ear falls off on one side or on the other side, it depends what you have in front of you, **then put the fingers inside**. As you would give it under the bolt. You imagine? As you would have a necklace that you want to unclip or push away– which means **you put your hands inside, along his neck or her neck**.

Then direct the warmth or this colourful energy into it. You will sense the crawling and a liquid mass that runs through your palms.

Let it reheat.

You can gently put your hands on the neck of the person in front of you, but be focused on the centres of these palms of yours, through which this colourful energy flows outward.

When this shackle is overheated, you will see that it literally melts. But don't try to melt it too quickly, just hold the palms upward and let this energy or this burning energy flow from you and literally it melts the shackles.

Once you gnaw through, the shackle falls away.

A person may begin to breathe more easily or maybe, at some point, he feels pain in his chest. Don't let this bother you.

You can caress him with this colour, but always with a white colour – caress him, but not on the touch of the skin but as if you would caress him etheric or through an etheric body and calm him down.

If he still feels pain at some parts, from where the bolt fell away, where the bolt was still connected somewhere in the depth, direct this colour in him, but always white colour. Direct the right palm in him. You will sense exactly where he feels pain or is hurt. But the left palm should always be turned in front of the left part of the face, upwards and direct this energy into him.

That is how the wound will heal, because this bolt, unlike the other bolts, is pinned inside the plexus and occasionally under the rib cage or deep inside under the cervix.

Occasionally, maybe at someone else, but you will literally feel, where this wound is because everything is connected.

When certain shackles are made by certain beings, who attach onto and become a part of many years of your life and are present among you, a connection is literally made of this shackle, a connection of many threats and the center happens.

And this center is like a sprout that is grown into you flesh of the flesh of this world and these shackles are falling only then when the body of this world literally dies or when the

soul leaves in bigger parts, bigger layers on the outside and the inside gets empty. And then these sprouts as I named them or we named them, then they literally come to the surface.

If you are setting free or melting these shackles you are helping people to choose their subconsciousness.

That is how you help people to save all of those – good or bad ones, who are trapped onto the physical people and stifle them and are giving them their karma or their daily destiny, a certain moment into his real life. Therefore, **you free them and this is how you give a chance to the last creative Fundamental Being who can outlive exactly that which needs to be outlived at his own discretion.**

That means you can give a chance to the last living one that he can finally outlive, survive and actually outlive the cycle of his own life in a way it needs to be – and not how others, under the pressure of some burden advised to him and knowingly or unknowingly burdened him.

That is next to your destiny that is already written, additional burden.

But now that you actually know how this functions you will set free these shackles.

But at the end when you feel you have somehow saved these shackles, even if you have melted them only partly, in few days' time, repeat this procedure.

The more you repeat it, the bigger your assurance is, assurance that you have truly gnawed through or melted and let go of certain shackles or beings, who have literally leaned on flesh of the flesh of someone who is opposite to you.

4. Concluding the procedure of freeing the shackles

Note that in the end, once you come to an end of everything, you divide the energies again.

Focus your palms upward, to the sky and by no means and never to the earth.

You sense the colour – on the left side colourful, on the right-side crystal.

Unite them – which means, there are two solid lignified pieces. As when you had the shackle stabbed in the palm itself, here the spikes or shackles are in the making, the ones that you unite and mutually connect.

That means that you give the shackle of the light into the shackle of the light. Put the palms of the matter or physical palms together and so you can observe the shackles which go through your palms. On the other side you actually see and feel how they are chewed through or pierced.



Then you wait on this side, for the energy to ease and lay down. This bolt melts away and flows through your palms.

Then you humbly bow, express gratitude and say the following:

**“SINCERE THANKS
TO THE GOD OF THE DEITY.”**

This way everything will vacuum back together, close you, close all the wholes or hollows through which this very special mass of energy was pouring out and many of you will absolutely use it on yourself or your children or on other people.

5. Freeing the shackles through visualisation – at the distance

And following the same process, you are melting the shackles away from him without anyone sitting opposite to you.

But he has to sit somewhere else, in a different room and think of you. Therefore, he has to create this connection.

And in this way, it might be easier for you and you can focus on this energy even more and direct it to these shackles.

That is an enormous power. More people will have these shackles melted and freed by you; higher the vibration of your sensation will become.

In that way you won't help only them but yourself as well.

That means you will be rewarded and upgraded for it as well. The more you melt, the more you set them free, higher you will build yourself mentally, spiritually and perfect yourself as well.

I advise you that when you are alone, in a room, and you want to somehow do the process at a distance, through visualisation to remove these shackles, I advise you to always and continuously have, in front of yourself, a lilac or pale lilac candle.

Never white, never any other colour, but always gentle lilac or almost white lilac. Always have this colour lit.

When you are finishing the ceremony, when you actually close your palms, express gratitude, bow – never and ever, remember this for eternity, do not blow out the candle through your mouth or with your exhale.

Rather turn it around, in an opposite direction or turn it off with a little thing shaped as a bell or a snuffer. Sink that wick and turn it off.



Always do it this way so you won't offer what you exhale to the candle itself. That is what is important, to pay attention to and somehow make sure you are on top of this.

This technique is extremely strong. From a distance that is what we did for one another, which means that we were saving many entrapped ancient souls of the Greatness and that includes many Elves, Yahvecan, many Angelionca, Brahmantina, Brahman and that is how we were saving them, through visualisation, through redirecting the current of thoughts and letting them go, saving them from the entrapment of people so that they came to the surface of the aura from where we were able to transport them and put the pieces among you together, among pure and living people.

That is a technique we are still using as Yahvaryun's as some kind of Elves, of the time of elves. With this technique a lot of things can be saved and many things are saved on the earthly base.

In the same way we are removing shackles around the navel where you are trapped, as Fundamental Beings but this is not what we are going to explain yet.

This is something what is done and used by us.

That which is tested and good and turned out to be efficient, that technique we shared with you.

Every time you will melt or remove the shackles, be aware of your thoughts, they have to be pure, there needs to be a focused direction and you are actually focused in what you want to do and your body does, this body of the body of the world.

Never be with thoughts elsewhere. You will not succeed and you will not be successful.

If this is the way how you want to help people you have to be dedicated, merciful, calm and focused.

This is how many things can be changed. Special shackles are around the Earth as well. Even in a very identical way as you will learn to solve the shackles around the wrists, in fact around the ankle and around the neck, it can also be removed around the Earth.

So, the same technique of the procedure, with the same directed mental energy, tincture, both white and coloured life that means a ring around the Earth and around people can be removed as well, which is an additional shackle of which we will not speak today or tonight.

I hope this was not too demanding. That it was not too extensive and that you somehow understood and understand what you are actually doing or you will be doing in the future.

Be aware of something else – those beings that are forged or caught through soles as well as angels of Earth, their wings are actually intertwined in a heart shape above you and their wings are crossed and grown into the sole, they are caught through ankles through your

matter and their bodies are as well caught with the shackles to your matter. Therefore, even the beings of Light and beings of Brightness, even the beings of Enlightenment, beings of Help that came to help or to you or someone else. Therefore, this is how all of those got caught and you won't help only to them but also to those predecessors who have perhaps or unfortunately help in previous lives to you as well, to give you freedom, redemption, knowledge, power and courage of enlightenment so you would rise up and understand and comprehend what is actually happening to you and with this part of Earth that is actually slowly departing.

I suggest to somehow take a little break. I would quite enjoy it myself. I moved through Magdalena just a little bit who somehow helped me to warm up a body structure as well, but do not be disturbed by it.

Last but not least, we would all use a few minutes of break. And then I am or we are willing to answer to your questions. So, whatever you didn't understand, or is not clear to you or is somehow simply shown – you can ask. If you have any other questions regarding this topic, feel free to ask.

In translation: Renée Prijatelj